



Kalari Rasayana – CGH Earth Ayurveda Hospital

Description

Nestled on the tranquil shores of Paravur Lake, **Kalari Rasayana** invites you to immerse yourself in the serene rhythms of Kerala's backwaters. Here, the gentle sway of coconut groves and the call of kingfishers set the stage for profound rejuvenation. At **Kalari Rasayana**, ancient Ayurvedic wisdom and the healing embrace of nature combine, guiding you towards inner balance and renewal in a sanctuary where silence and stillness are part of the cure.

Kalari Rasayana - CGH Earth Ayurveda Hospital Picture Gallery

Stay Highlights

- Sunrise yoga and meditation sessions overlooking the lake
- Guided Ayurvedic therapies and Panchakarma detox
- Satsang gatherings with music, dance, and spiritual talks
- Mindful walks along the lakeside and through coconut groves
- Cooking demonstrations of Sattvic cuisine
- Birdwatching and observing local fishing traditions
- Candlelight meditation and journaling

Factsheets of the Stay

- 22 sunlit Rasayana Suites with balcony/terrace (lake or garden view)
- NABH-accredited Ayurveda hospital with 11 treatment rooms
- Daily doctor consultations and personalized treatment plans
- Sattvic kitchen serving organic, physician-directed meals
- Three daily yoga and meditation sessions
- Complimentary cotton kurta pyjamas and laundry service
- Airport pick-up and drop-off (Trivandrum International Airport)
- Wheelchair-accessible villa and ground-floor amenities
- Library, shop, and communal spaces overlooking the lake
- Digital detox policy (devices only in rooms)
- Eco-friendly practices: organic farm, water recycling, no single-use plastics

Villa (A) Amenities

Swimming Pool	Kids Play Area	Air Conditioning
Power Backup	Free Wi-Fi	Television
First-aid Services	Housekeeping	Laundromat
Free Parking	Security Guard	Smoke Detector
Driver's Accommodation	Doctor on Call	Wheelchair Accessible

Villa (A+) Amenities

Swimming Pool	Kids Play Area	Air Conditioning
Power Backup	Free Wi-Fi	Television
First-aid Services	Housekeeping	Laundromat
Free Parking	Security Guard	Smoke Detector
Driver's Accommodation	Doctor on Call	Wheelchair Accessible
Game Room	Yoga	Spa
Gym	Meditation Room	Reflexology
Smoking Rooms	Bar	Newspaper

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Gym	Meditation Room	Reflexology
Smoking Rooms	Bar	Newspaper
Butler Services	Activity Centre	24-hour Room Service
Sun Beds	Indoor Games	Cycling
Steam and Sauna	Luggage Assistance	Restaurant

Kalari Rasayana - CGH Earth Ayurveda Hospital Stay Includes

- Stay in this Luxury Villa
- Complimentary Breakfast + Dinner
- 18% GST

Kalari Rasayana - CGH Earth Ayurveda Hospital Stay Excludes

- Whatever is not mentioned in Includes
- 2.5% Card Processing Charge
- Contingency Expenses

Villas & Bungalows Pricing Policy

1. All the prices can change without any notice due to fuel price hike, inflation, economy disruption.
2. All the prices are not valid on long weekends, national holidays, blackout dates, any festival dates.
3. All the prices are based on base category twin/ double bed room of the mentioned accommodations.
4. All the prices given above are indicative & approximate, so price may exceed 8-10% during final quotation.

5. All the prices are based on Non-AC twin double bed room in the hills & cold climate zones.
6. All the prices are based on Non-AC vehicles in the hills & cold climate zones. [If Opted]
7. All the prices are based on 2-4 Pax in Sedan Cars & 5-7 Pax in SUV Cars in India. [If Opted]
8. All the prices are based on Max 6 Pax in Premium SUV Cars like Innova/ Innova Crysta. [If Opted]
9. All the prices will change with respect to the change in the number of Pax.
10. All the prices are valid as per the months mentioned above.
11. All the prices are valid for Indian Citizens only.
12. Please call +91 9874284569/ 9874361951 for Group Booking, MICE Tours & Institutional Tours.

Villas & Bungalows Booking Policy

1. Ocean6 Holidays partners exclusively with accommodations rated 3.5 stars or higher on Trip Advisor or Google.
2. Exact Accommodation names can be told after advance payment to Ocean6 Holidays before booking.
3. All Accommodation rooms are volatile. No rooms are on hold.
4. Confirmation of Accommodation process starts upon guest payment receipt.
5. Accommodation confirms rooms after receiving payment from Ocean6 Holidays.
6. If promised Accommodation rooms are unavailable, refund or alternative accommodation will be proposed.
7. Ocean6 Holidays shall not be responsible for any consequences of Accommodation non-booking.
8. A rescheduling request can be raised up to 15 days prior to the check-in date.
9. Any difference in price will have to be borne by the guest.
10. A rescheduling request cannot be raised for long weekends, national holidays, blackout dates, any festival dates.
11. Please call +91 9874284569/ 9874361951 for any clarification.

General Payment Policy

1. 100% Advance must be paid for Booking Confirmation.
2. 100% Payment must be made if the Check-in Date < 21 days.
3. Disruption in Payment Schedule will affect the Booking or Tour Confirmation.
4. Please call +91 9874284569/ 9874361951 for any clarification.

General Cancellation & Refund Policy

Percentage of Refund	Period	Deduction
100% Refund of Total Tour Amount	15 days before Check-in Date	0% Deduction
50% Refund of Total Tour Amount	14-8 days before Check-in Date	0% Deduction
No Refund of Total Tour Amount	0-7 days before Check-in Date	100% Deduction
Any cancellation or refund is subject to 20% of Total Booking or Tour Amount.		
Any cancellation is subject to get Credit Note upto 60% if Cancelled 15-8 Days earlier.		
Any cancellation or refund is prioritised on the time and policy of Third Party Accommodation & Transportation.		
Please call +91 9874284569/ 9874361951 for any clarification.		

[Detail FAQs - Terms & Conditions](#)

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Date

13/07/2026

Ocean6 Holidays