



## Kairali “ Preventive & Regenerative Package

### Description

#### Stay Highlights

- Ayurveda Village at Palakkad
- 2 HRS Drive From Cochin Airport
- Preventive & Regenerative Programme
- 3 Nights Package
- Single Pax/ Double Pax

#### Includes

- Welcome Drink on Arrival
- Stay in this Kalari Suites
- All Meals
- One Abhyangam Massage/ Person/ Day
- Juice or Herbal Tea after Every Treatment
- Max 2 Water Bottles/ Room/ Day (Unlimited Supply of Herbal Water)
- Group Yoga Session Daily Morning
- Group-Meditation Session Daily Evening
- Daily Personal Lifestyle & Fitness Evaluation
- Use of Swimming pool , Library. Gym and all Indoor & Outdoor Facilities
- Round Transfers from the Coimbatore/ Cochin Airport & Ayurveda Village
- Prescribed Diet
- Yoga & Meditation Sessions

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- All Taxes

**Excludes**

- 2.5% Card Processing Charge
- Contingency Expenses
- Whatever is not mentioned in Includes

**Child Policy**

- Below 5 Years Complimentary

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**Date**

02/01/2026

*Ocean6 Holidays*