



## Kairali – Preventive & Regenerative Package

### Description

### Stay Highlights

- Ayurveda Village at Palakkad
- 2 HRS Drive From Cochin Airport
- Preventive & Regenerative Programme
- 3 Nights Package
- Single Pax/ Double Pax

### Includes

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- Welcome Drink on Arrival
  - Stay in this Kalari Suites
  - All Meals
  - One Abhyangam Massage/ Person/ Day
  - Juice or Herbal Tea after Every Treatment
  - Max 2 Water Bottles/ Room/ Day (Unlimited Supply of Herbal Water)
  - Group Yoga Session Daily Morning
  - Group-Meditation Session Daily Evening
  - Daily Personal Lifestyle & Fitness Evaluation
  - Use of Swimming pool , Library. Gym and all Indoor & Outdoor Facilities
  - Round Transfers from the Coimbatore/ Cochin Airport & Ayurveda Village
  - Prescribed Diet
  - Yoga & Meditation Sessions
  - All Taxes

**Excludes**

- 2.5% Card Processing Charge
- Contingency Expenses
- Whatever is not mentioned in Includes

**Child Policy**

- Below 5 Years Complimentary

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**Date**

06/11/2024

Ocean6 Holidays